

# Sport Scholarships



ST MARY'S  
SHAFTESBURY

*At St Mary's Shaftesbury we aim to give all our girls a love of sport and to set them on the path of life-long physical activity.*

We push those who have the potential to excel and have a thriving Elite Athlete Programme which gives girls access to the pathways to sporting success. Specialised coaching is available in all fields, and the school has invested in highly qualified, professional and motivated staff in order to make the most of all girls' talents.

Opportunities abound for competing against not only other schools but also at county and national level.

## Sports Scholarships

(for entry into Years 5, 7, 9 and 12)

Scholarships are offered at 9+, 11+, 13+ and 16+.

The following are guidelines to the standard required of candidates:

The candidate should demonstrate an exceptionally high standard of performance in at least two major sports, county representation is an advantage.

**MAJOR SPORTS:** Hockey, Netball, Tennis, Athletics and Swimming. Ability in other sports may also be taken into consideration.

Candidates who apply for a Sports Scholarship will be assessed in the following:

**NETBALL AND HOCKEY:** Candidates will be expected to play an accomplished game for their age in their chosen position as well as an understanding of at least one other position.

**ATHLETICS AND CROSS COUNTRY:** Candidates will be expected to show their last season's best times and performances. Time trials, jumps and throws may be undertaken on the scholarship day.

**SWIMMING:** Candidates will participate in an assessed swimming session.

**TENNIS:** Current standard will be assessed through the candidates playing a singles game. We will be looking particularly for game awareness and potential.

Candidates will be asked to perform a skills circuit in order to assess their fitness, speed, agility and coordination.

All candidates will undergo a short interview with members of the PE Department.

Candidates are expected to be conversant with rules, tactics and training schedules for their sports relevant to their age and standard and to be familiar with current topics of debate in the world of sport.

Candidates will submit a written record of all their sporting achievements and any positions of sporting responsibility they have held during their time at school.

Successful candidates must have passed the school's entrance exam.

Candidates should bring their own kit and equipment.

Our successful Sports Scholars are expected to show full commitment to the Sports Department and any fixtures or events.



[www.stmarys.eu](http://www.stmarys.eu)

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